COMMUNITY RESOURCES FOR QUINCY CAREER CENTER

152 Parkingway Quincy, MA 02169 (617) 745-4000

COMMUNITY PARTNERS BAMSI

10 Christy's Drive Brockton, Ma 02301 Phone: (508) 580-8700 TTY: (508) 580-0437 Fax: (508) 580-3114 http://www.bamsi.org/

"Our programs comprise a specialized network of services in the following areas: 1. Community Resources, Information, and Support Services, 2. Developmental Disability Services, 3. Education, 4. Elderly Services, 5. Family Support and Stabilization Services, 6. Individual and Family Counseling, 7. Intensive Mental Health Services, 8. Programs in Partnership with Other Organizations"

Catholic Charities

51 Sleeper Street, 1st Floor

Boston, Ma 02210 Phone: (617) 482-5440

http://www.ccab.org/ "As one of the largest social services providers in Massachusetts, Catholic Charities of Boston offers nearly 140 program and services in 40 locations. Services include; Basic Needs, Child Care, Children & Youth,

Counseling, Education, Elders, Families, Haitian multi-service Center, Mentoring & Tutoring, Post-Adoption, Refugee & Immigrants, Shelter, Visiting Nurse Service"

Citizen for Citizens

264 Griffin Street Fall River, Ma 02724 Phone: (508) 679-0041 Fax: (508) 324-7503 http://cfcinc.org/

"Assist members of the low-income community through the provision of services and programs which attack the cycle of poverty. Advocate on behalf of low-income people with governmental agencies, private agencies and the community-at-large. Be a major player in the area Human Services Network so that all present a unified front in attacking the causes and effects of poverty. To involve low-income people in the decision making process in carrying out our mission. To insure that we provide services that improve low-income persons short and long range quality of life."

Interfaith Social Services

105 Adams Street Quincy, Ma 02169 Phone: (617) 773-6203 Fax: (617) 472-7987

Email: info@interfaithsocialservices.org

http://www.interfaithsocialservices.org/network/

"Programs Include: Pantry Shelf, distributed 350,000 lbs of food to impoverished families last year, HomeSafe, services families who find themselves at risk for homelessness due to financial hardship, Harvest Helpers,

Massachusetts Advocates for Standing Strong

(866) 426-2253

http://www.massadvocatesstandingstrong.org/

"Our Mission is to empower self-advocates through education so we make choices that improve and enrich our lives."

Massachusetts Commission against Discrimination

Boston Office Phone: (6170 994-6000

Fax: (617) 994-6024

http://www.mass.gov/mcad/

"The Massachusetts Commission Against Discrimination is the state's chief civil rights agency. The Commission works to eliminate discrimination on a variety of bases and areas, and strives to advance the civil rights of the people of the Commonwealth through law enforcement, outreach and training."

Quincy Community Action

1509 Hancock Street Quincy, Ma 02169 Phone: (617) 479-8181 http://www.qcap.org/home

"Quincy Community Action Programs, Inc. (QCAP) is a leading private nonprofit organization in the Greater Quincy area dedicated to reducing poverty and helping low-income people achieve self-sufficiency. QCAP was incorporated in 1965 and is one of 24 Community Action Agencies in Massachusetts. QCAP serves approximately 23,000 unduplicated people annually. Our service area includes Quincy, Weymouth, Braintree, Milton, Hull and surrounding Norfolk County and South Shore Communities."

Safelink

Statewide information and referral 1-877-785-2020 http://www.safelinkwireless.com/EnrollmentPublic/home.aspx

"Government supported program that provides a free cell phone and airtime each month for income eligible customers"

Wellspring

814 Nantasket Ave Hull, Ma 02045 Phone: (781) 925-3211

Fax: (781) 925-9562

http://www.wellspringhull.org/

"Wellspring programs to reach beyond providing emergency services to help people to become more independent and productive members of the community"

Other Helpful Community Partners

Attorney General's Office 1-617-727-8400

http://www.mass.gov/ago/

Department of Transitional Assistance 1-800-249-2007 Consumer Credit Counseling Service 1-800-208-2227 NASW Social Work Referral Service 617-720-2828 or 1-800-242-9794

CULTURAL RELEVANCE

Asian American Civic Association 87 Tyler Street, 5th Floor Boston, Ma 02111

Phone: (617) 426-9492

TTY: (617) 426-3157 Fax: (617) 482-2316

Email: info@aaca-boston.org http://aaca-boston.org/site/home

"Serving immigrants from around the world, AACA is a multi-service multi-generational center that provides education, occupational training, and social services enabling our clients to realize lasting economic self-sufficiency. AACA has taken a leadership role in workforce development, delivering high quality training that leads to promising careers. Our English classes continue to prepare newcomers for higher education and employment. Our new Mandarin immersion childcare center is the first of its kind in New England."

Quincy Asian Resources

1509 Hancock Street Quincy, Ma 02169 Phone: (617) 472-2200 Fax: (617) 472-2299

http://www.quincyasianresources.org/

"QARI primarily serves the Asian immigrant population of the South Shore through Information & Referral Services, translation, English for Speakers of Other Languages, outreach, volunteering and youth leadership programs."

EMERGENCY

Quincy Medical Center, Emergency 114 Whitwell Street Quincy, Ma 02169

Phone: 9617) 773-6100

http://www.quincymc.org/patient-guide/emergency-medical-services.html

Samaritans

141 Tremont Street, 7th Floor

Boston, Ma 02111

Statewide Toll Free: (877) 870-4673

Samaritans: (800) 252-8336

24 Hour Helplines: (617) 247-0220, (508) 875-4500

http://www.samaritansofboston.org/

"Samaritans' purpose is to alleviate despair, isolation, distress and suicidal feelings among individuals in our community, 24 hours a day; to educate the public about suicide prevention; and to reduce the stigma associated with suicide. We accomplish this through services that emphasize confidential, nonjudgmental, and compassionate listening."

United Way – 211 Massachusetts

Mass. First Call for Help (info and referral): 1-877-211-6277 or 211

Website: http://www.mass211.org/index.html

"2-1-1 is the national abbreviated dialing code for free access to health and human services Information and Referral. 2-1-1 is an easy-to-remember and universally recognizable number that makes a critical connection between individuals and families seeking services or volunteer opportunities and the appropriate community-based organizations and government agencies. 2-1-1 makes it possible for people to navigate the complex and ever-growing maze of human service agencies and programs. By making services easier to access, 2-1-1 encourages prevention and fosters self-sufficiency. It also is hoped that it will reduce the number of non-emergency calls inappropriately made to 911."

FOOD

Greater Boston Food Bank 70 South Bay Ave Boston, Ma 02118

Phone: (617) 427-5200 http://www.gbfb.org/index.cfm

Full List of food pantries: http://www.gbfb.org/gethelp/pantries.cfm#Q

Project Bread

145 Border Street East Boston, Ma 02128 Phone: (617) 723-5000

FoodSource Hotline: (800) 645-8333

TTY: (800) 377-1292

http://www.projectbread.org

Salvation Army/Quincy Food Pantry

6 Baxter Street Quincy, Ma 02169 (617)-472-2345

www.use.salvationarmy.org

WIC-Quincy

Quincy Medical Center 121 Whitwell Street Quincy, Ma 02169 Phone: (617) 376-4190 http://www.fns.usda.gov/wic/

http://www.quincymc.org/commitment-to-community/wic.html

"To safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care."

FUEL

Quincy Community Action 1509 Hancock Street Quincy, Ma 02169 Phone: (617) 479-8181 http://www.qcap.org/home

"Quincy Community Action Programs, Inc. (QCAP) is a leading private nonprofit organization in the Greater Quincy area dedicated to reducing poverty and helping low-income people achieve self-sufficiency. QCAP was incorporated in 1965 and is one of 24 Community Action Agencies in Massachusetts. QCAP serves approximately 23,000 unduplicated people annually. Our service area includes Quincy, Weymouth, Braintree, Milton, Hull and surrounding Norfolk County and South Shore Communities."

Other Fuel Related Resources

Mass. Fuel Assistance Agency Heat line 1-800-632-8175

HEALTH CARE

Bay State Community Services 13 Temple Street Quincy, Ma 02169 Phone: (617)471-8400

http://www.baystatecs.org/aboutus.html

"BSCS is a not-for-profit human service agency dedicated to improving the social functioning of adults, adolescents, and children within a framework that recognizes the primary importance of family and community. To this end, the agency's mission is to support individual, family, and community empowerment through an integrated, culturally competent continuum of social, mental health, addiction, and correctional services."

Beacon Hospice

529 Main Street, Suite 101 Charlestown, Ma 02129 Phone: (800) 840-0668

Email: info@beaconhospice.com
*Branch offices are in different regions
http://www.beaconhospice.com/default.aspx

Manet Community Health Center

1193 Sea Street Quincy, Ma 02169 Phone: (617) 471-8683 Fax: (617) 773-1625

http://www.manetchc.org/index.html

"Manet Community Health Center, Inc. serves the broad health needs of South Shore residents through a family practice model of care. A multi-site community based health center, Manet works to ensure that its patients have access to all levels of the health care system. Manet is especially committed to providing services for the medically underserved."

Maria Droste Services

1354 Hancock Street Quincy, Ma 02169 Phone: (617) 471-5686 Fax: (617) 471-6622

http://mariadrosteservices.org/ "We offer professional counseling and holistic therapies with respect and compassion in order that each person may recognize his/her innate worth and find reconciliation within oneself and with others

Neponset Community Health Center

398 Neponset Avenue Boston, Ma 02122 Phone: (617) 282-3200

http://www.sharingweb.org/agencies/orgdetail.asp?OrgID=35

"Neponset Health Center offers comprehensive primary and preventive health care to anyone in need regardless of their medical status, ability to pay, or ethnicity. Services include Internal Medicine, Women's Health (OBGYN), Pediatrics, Behavioral Health, Social Services, HIV Services including primary care and specialty care for HIV patients, Labs, X-Rays and Optometry. They have a food pantry. They offer assistance in applying for Free Care, Mass Health and other state programs. All major commercial insurances such as Tufts and Blue Cross Blue Shield, Harvard Pilgrim and Neighborhood Health Plan, Medicare and Medicaid are accepted. They also provide Free Care, Sliding Fee Scale and Out of Pocket."

Other Healthcare Resources

Al Anon 1-800-356-9996

Alcoholics Anonymous 1-978-957-4690

Commonwealth Connector 1-800-623-6765 (Health Insurance Information for Mass

Residents –not collecting Unemployment Insurance) Health Care for All 1-800-272-4232, www.hcfama.org

MassHealth Service Center (Medicaid enrollment) 1-800-841-2900

MassMedline 1-866-633-1617

www.needymeds.com

Mass League of Community Health Centers 1-800-475-8455, Free care for uninsured www.massleague.org

Medical Security Plan 617-626-5452

HOUSING

Citizens Housing and Planning Association

18 Tremont Street, Suite 401

Boston, Ma 02108 Phone: (617) 742-0820 Fax: (617) 742-3953 http://www.chapa.org/

"Citizens' Housing and Planning Association's mission is to encourage the production and preservation of housing that is affordable to low and moderate income families and individuals and to foster diverse and sustainable communities through planning and community development."

Father Bill's/Mainspring

Administrative Office 140 School Street Brockton, Mass02302 Phone (508)427-6448

Development Office 422 Washington Street Quincy, Ma 02169 (617) 376-2255

Father Bill's Shelter

38 Broad Street Quincy, Ma 02169 Phone: (617) 770-3314 Housing Services (617)770-9706

Mainspring House Shelter

54 N. Main Street Brockton, Ma 02301 (508) 587-5441

Family Programs

135 Pleasant Street 508) 427-6448 140 School Street Brockton, Ma 02302 Phone: (508) 427-6448

http://www.fatherbillsmainspring.org/

"At Father Bills & MainSpring, our mission is to help people obtain a home by giving temporary shelter and food, finding safe and affordable housing, and providing permanent housing with supportive services. Father Bills & MainSpring helps people who are homeless, or at risk of homelessness, to achieve self-sufficiency."

Massachusetts Coalition for the Homeless

15 Bubier Street Lynn, Ma 01901

Phone: (781) 595-7570 Fax: (781) 595-7574

http://www.mahomeless.org/index.html

"Massachusetts Coalition for the Homeless is committed to ensuring that everyone has a place to call home. The Coalition's policy work and programs address this issue on three fronts. First, the Coalition provides bridges over short-term crisis, helping homeless and at-risk people to relocate quickly into new housing or avoid homelessness altogether. Second, the Coalition works to ensure adequate and appropriate shelter if homelessness is unavoidable. Third, the Coalition advocates for long-term solutions to the housing crisis, promoting government support for income and housing resources so that all Massachusetts residents can obtain and maintain safe, affordable housing. As the Coalition works to address the causes, not just the symptoms of homelessness, it remains committed to creating opportunities for families and individuals to advocate for their own needs."

Right at Home – Boston North/Cape

19 Front Street Salem, Ma 01970 Phone (978) 744-5151 Fax: (978) 744-5885

http://www.rightathome.net/bostonnorth/

"Right at Home offers caregiving services for almost any family and practically any situation. Our in-home care lets loved ones enjoy healthy lives in the comfort of a familiar environment. We tailor our care to your unique situation through a Custom Care Plan."

South Shore Housing

169 Summer Street Kingston, Ma 02364 Phone: (781) 422-4200 Fax: (781) 585-7483

http://www.southshorehousing.org/

"South Shore Housing Development Corporation's mission is to enhance the quality of life for low and moderate-income people by providing decent, safe and affordable housing."

Other Housing Resources

Department of Housing and Community Development 1-877-418-3308

MATURE WORKERS

AARP

Toll-Free Nationwide: 888-OUR-AARP (888-687-2277) Toll-Free TTY: 877-434-7589

Toll-Free Spanish: 877-MAS-DE50 (877-627-3350)

http://www.aarp.org/

"AARP is a nonprofit, nonpartisan membership organization that helps people 50 and over improve the quality of their lives. AARP has offices in all 50 states, the District of Columbia, Puerto Rico and the U.S. Virgin Islands. As a social welfare organization, as well as, the nation's largest membership organization for people 50+, AARP is leading a revolution in the way people view and live life."

Mavflower RSVP

10 Cordage Park Circle #231 Plymouth, Ma 02360 Phone: (508) 746-7787 Fax: (508) 746-7795

http://www.mayflowerrsvp.org/index.html

"Mayflower RSVP volunteers visit elderly homebound people and provide them with meals and friendship. Mayflower RSVP volunteers greet the public and support the research staff at local libraries and museums. Mayflower RSVP reading partners serve as mentors, role models & coaches so children will learn to enjoy reading. Mayflower RSVP volunteers address areas of emergency needs in Plymouth County as members of the USA Freedom Corps."

Norfolk RSVP

614 High Street Dedham, MA 02026-1897 Phone: (781) 329-5728 www.yelp.com/biz.norfolk-county-rsvp-dedham

Other Mature Worker Resources Elder Abuse Hotline 1-800-922-2275

MENTAL HEALTH

Center for Health and Development, Inc. 10 Winter Place, 3rd Floor Boston, Ma 02108

Phone: (617) 357-0224 Fax: (617) 357-8161

http://www.centerforhealth.org/

"Our goal at CHD is to help individuals with sever and persistent mental illness to attain their highest level of functioning through a process called psychosocial rehabilitation. Direct care staff work side-by-side with consumers and the consumer's treatment team (comprised of a therapist, a state Department of Mental Health case manager, direct care staff, and other necessary treatment specialists) to create an individualized specifically tailored treatment plan. The consumer's involvement in his or her own treatment is essential to his/her compliance with the plan.CHD currently operates six residential programs, two clubhouse programs, a day rehabilitation program, and a forensic mental health services program at various sites located throughout the Commonwealth of Massachusetts."

NOVA Psychiatric Services

1261 Furnace Brook Parkway, Suite 30 & 31

Quincy, Ma 02169 Phone: (617)479-4545

http://novapsychiatricservices.com/index.html

"We are a team of psychiatrists, psychiatric mental health nurse practitioners, psychiatric clinical nurse specialists, licensed clinical psychologists, licensed mental health counselors, licensed social workers in a well established private practice."

Recovery Learning Community

Metro Suburban 460 Quincy Ave, Activity Area B, 2nd floor Quincy, Ma 02169

Phone: (617) 472-3237 info@metrosubrlc.org http://metrosubrlc.org/

Metro-Boston

85 East Newton Street, Room G11

Boston, Ma 02118 Phone: (617) 305-9989 Fax (617) 305-9992

http://www.metrobostonrlc.org/

"The mission of Recovery Learning Communities (RLCs) is to offer services for people in recovery from mental health through the utilization of peer support (support from people with lived experience), advocacy, referral, education, career coaching and job readiness in a trauma-sensitive manner."

South Shore Mental Health

460 Quincy Ave. Quincy, Ma 02169 Phone: (617) 847-1950 Fax: (617) 786-9894 Toll-Free: (800) 852-2844

Crisis: (617) 774-6036 http://www.ssmh.org/

"South Shore Mental Health is a private, non-profit comprehensive behavioral healthcare organization providing mental health and substance abuse services for people of all ages throughout the South Shore, Plymouth Area and Cape Cod. Our continuum of services includes outpatient counseling, medication, intensive outpatient programs, early intervention, day treatment, residential services, twenty-four hour emergency services, and crisis stabilization. Our multidisciplinary staff of over 650 full and part-time individuals offer expertise in meeting the needs of children and families, adults, people with long-term mental illness, and people with developmental disabilities. We have extensive experience working with insurance and managed care companies, and providing employee assistance programs for businesses. We are able to provide easy access to needed services. "

MENTOR

Best Buddies 45 Bromfield Street, 3rd Floor Boston, Ma 02108

Phone: (617) 778-0522 Fax: (617) 778-0526

http://www.bestbuddiesmassachusetts.org/site/c.mwL1KkN4LvH/b.1379317/k.BE82/Ho

me.htm

"Best Buddies is a nonprofit 501(c)(3) organization dedicated to establishing a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment and leadership development for people with intellectual and developmental disabilities."

Big Brother of Massachusetts Bay

75 Federal Street, 8th Floor Boston, Ma 02110

Phone: (617) 542-9090 http://www.bbbsmb.org/

"As one of the largest adult-to-child mentoring organizations in the nation, Big Brothers Big Sisters of Massachusetts Bay currently serves over 3,500 youth in one-to-one relationships, and more than 100 additional youth in group activities and camperships. Additionally, our service area encompasses 155 cities and towns throughout the Massachusetts Bay area."

PARENTING

Blue Hills Healthy Families 185 Lincoln Street, #310C Hingham, Ma 02043

hone: (781) 749-2882

http://www.hcsm.org/dfhs/bluehillshealthyfamilies.htm

"Healthy Families provides home visiting services to first-time teen parents for the first three years of their child's life. Home visitors build relationships with families, provide them with information about parenting and child development, and help them connect with other resources in their community. Home visitors work together with parents to identify family strengths, needs and goals and develop a service plan that is tailor-made for that child and family. Who is Eligible: All pregnant and parenting individuals under the age of 21 whose infant is under 1 year old."

Parents Helping Parents

108 Water Street Watertown, Ma 02472

Statewide Office Phone: (617) 926-5011 Statewide Office Fax: (617) 926-5011 Parental Stress Line: (8000 632-8188 Email: <u>info@parentshelpingparents.org</u> http://www.parentshelpingparents.org/

"For over 35 years Parents Helping Parents has been a place for Massachusetts parents and caregivers to reach out for support. We know that parents need support for themselves in order to support their children. All services are free, confidential, and anonymous. Parents call the Parental Stress Line, a 24-hour parent helpline, and attend weekly Parent Support Groups for ongoing parent support. No parenting problem is too big or too small to reach out for help. Parents Helping Parents of Massachusetts is a registered 501(c)(3) non-profit organization dedicated to child abuse prevention."

Other Parenting Resources

Child-at-Risk Hotline 1-800-792-5200

PERSONS WITH DISABILITY

The ARC of the South Shore 371 River Street

3/1 Kivel Succi

North Weymouth, Ma 02191 Phone: (781) 335-3023

Email: <u>info@arcsouthshore.org</u> <u>http://www.arcsouthshore.org/</u>

"The Arc of the South Shore is guided by a mission to provide the highest quality services and advocacy for children and adults with mental retardation, and cognitive, physical, and developmental disabilities. The Arc of the South Shore is a family oriented, community-based non-profit agency, which believes that all individuals have the right to participate fully in their community."

Best Buddies

45 Bromfield Street, 3rd Floor

Boston, Ma 02108 Phone: (617) 778-0522 Fax: (617) 778-0526

 $\underline{http://www.bestbuddiesmassachusetts.org/site/c.mwL1KkN4LvH/b.1379317/k.BE82/Ho}$

me.htm

"Best Buddies is a nonprofit 501(c)(3) organization dedicated to establishing a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment and leadership development for people with intellectual and developmental disabilities."

Disabled Person's Protection Agency

300 Granite Street, Suite 404

Braintree, Ma 02184 Phone: (617) 727-6465 V/TTY: (888) 822-0350 Fax: (617) 727-6469

www.mass.gov/dppc/docs/form-19c-reportingdoc

Perkins School for the Blind

175 North Beacon Street Watertown, Ma 02472 Phone: (617) 924-3434 Fax: (617) 926-2027

Email: info@perkins.org/ http://www.perkins.org/

"Perkins School for the Blind is an innovative leader in serving people with visual impairments. Strong leadership from both staff and the Board of Trustees has created a legacy of education and discovery. We are always questioning how to best serve our students in the classroom, in the community and around the world."

Boston Center for Independent Living

60 Temple Place Boston, Ma 02111 Phone: (617) 338-6665 TTY: (617) 338-6662

Fax: (617) 338-6661

http://bostoncil.org/index.htm

"The Boston Center for Independent Living is a frontline civil rights organization led by people with disabilities that advocates to eliminate discrimination, isolation and segregation by providing advocacy, information and referral, peer support, skills training, and PCA services in order to enhance the independence of people with disabilities"

Cardinal Cushing Center

405 Washington Street Hanover, Ma 02339 Phone: (781) 826-6371 http://www.coletta.org/

"Cardinal Cushing Centers, Inc. is a 501(c)(3) non-profit organization providing a lifecentered approach in caring for children, adults, and seniors as well as their families in intergenerational communities on the South Shore of Massachusetts."

Community Connections

Administrative Offices 127Whites Path South Yarmouth, Ma 02664 Phone: (508) 362-1140

TTY: (508) 398-2738 Fax: (508) 362-9198

http://www.communityconnectionsinc.org/

"Services include day center, employment, transition, supported living, life skills and transportation serving persons with disability, enabling them to live independently."

DEAF, Inc

215 Brighton Ave Allston, Ma 02134

Voice & TTY/V: (617) 254-4041

http://www.deafinconline.org/index.html

"DEAF, Inc. encourages and empowers Deaf, Hard of Hearing, DeafBlind and Late-Deafened individuals to lead independent and productive lives. We offer a comprehensive package of programs and services in a supportive environment for Hearing, DeafBlind and Late-Deafened individuals from diverse ethnic and cultural populations."

Disability Law Canter

11 Beacon Street, Suite 925 Boston, Ma 02108

Phone: (617) 723-8455 TTY: (617) 227-9464 Fax: (617) 723-9125

http://www.dlc-ma.org/index.htm

"To provide legal advocacy on disability issues that promote the fundamental rights of all people with disabilities to participate fully and equally in the social and economic life of Massachusetts."

Easter Seals

Technology and Training Center 89 South Street Boston, Ma 02111 Phone: (508) 757-2756

Fax: (508) 831-9768

Email: <u>info@eastersealsma.org</u> www.ma.easterseals.com

"Providing services for people with disabilities and their families. Easter Seals Massachusetts provides a variety of programs and services for children and adults with disabilities or special needs. Services may be offering in an individual's home, in the community or at our facility."

Enable, Inc

605 Neponset Street Canton, Ma 02021 Phone: (781) 828-4770 Fax: (781) 575-0078

http://www.enableinc.org/

"Enable's mission is to demonstrate leadership in the development, provision, and management of innovative social, educational, vocational, and health services for children, adolescents and young adults with disabilities and their families. Enable addresses the residual issues of childhood and adolescence that often inhibit the successful transition from the dependency of childhood to the autonomy of adulthood. Enable has a special commitment to a community-based approach which emphasizes the interdependency of the individual, the family, and society."

Head Injury Community Services

171 Tremont Street Melrose, Ma 02176 Phone: (781) 979-0018 Fax: (781) 979-0913

info@neurorehabmgt.com

http://www.neurorehabmgt.com/home.html

"NRM's mission is to assist adults with neurological, medical and age related impairments by coordinating services that maximize functioning in home, community and work settings. We strive to respect client values and goals while developing and implementing a realistic individualized plan."

Institute for Community Inclusion

UMASS Boston

100 Morrissey Blvd. Boston, Ma 02125 Phone: (617) 287-4300

TTY: (617) 287-4350 Fax: (617) 287-4352

ici@umb.edu

http://www.communityinclusion.org/

"The Institute for Community Inclusion at UMass Boston supports the rights of children and adults with disabilities to participate in all aspects of the community. As practitioners, researchers, and teachers, we form partnerships with individuals, families, and communities. Together we advocate for personal choice, self-determination, and social and economic justice."

May Institute

41 Pacella Park Drive Randolph, Ma 02368 Phone: (781) 440-0400 TTY: (781) 440-0461 info@mayinstitute.org

http://www.mayinstitute.org/

"May Institute is an award-winning nonprofit organization that provides educational, rehabilitative, and behavioral healthcare services to individuals with autism spectrum disorders and other developmental disabilities, brain injury, mental illness, and professionals, organizations, and public school systems."

Mass Relay

Phone: (800) 720-3480 TTY: (800) 720-3479

customerservice@massrelay.com

Massachusetts Equipment Distribution Program

Phone/TTY: (800) 300-5658

joinin@massedp.com New England Villages 664 School Street Pembroke, Ma 02359 Phone: (781) 293-5461 Fax: (781) 294-8385

http://www.newenglandvillage.org/

"a campus based residential community where adults with intellectual and related developmental disabilities can lead dignified and enriching lives filled with opportunities for growth and friendship"

Quincy College Disability Resources

Student Support Services Director: Susan Bossa 24 Saville Ave Quincy, Ma 02169

Phone: (617) 984-1656

www.quincycollegeedu/departments/disabilility-services

"Any student with a documented physical disability or documented learning disability should contact the Executive Director of Student Support Services at 617-984-1656 to ensure that reasonable accommodations may be made, if required"

Quincy Parent Advisory Group

President Jill Gichuhi Phone: (617) 653-7846 jillgichuhi@gmail.com

http://www.quincypac.org/index.html

"is a formally organized group of parents and other interested persons committed to the best possible education and services for all children."

Reach, Inc.

20 Middle Street Plymouth, Ma 02360

Phone: (508) 747-4115 Fax: (508) 746-8132

"REACH Inc. is a non-profit, tax exempt human service agency providing residential, day and life services to adults with developmental disabilities."

Road to Responsibility

1831 Ocean Street Marshfield, Ma 02050 Phone: (781) 834-1300

http://www.roadtoresponsibility.org/

"RTR's mission is to provide the means, the opportunity and the support necessary to allow citizen's with disabilities to take their place as productive members of the community. Through residential, work/employment, day habilitation and other day supports we strive to offer the basic elements necessary to enrich and sustain our citizen's lives."

Work, Inc.

25 Beach Street Dorchester, Ma 02122 Phone: (617) 691-1500 info@workinc.org http://www.workinc.org

"All individuals have the ability to grow, the right to make choices and to participate in community life. It is the mission of WORK Inc. to join with others in creating the conditions under which all persons with disabilities will experience: Presence and participation in community life, Opportunities to develop and exercise competence, Encouragement to make choices in the pursuit of personal growth, Opportunities to develop good relationships with family, friends, neighbors and peers, Respect and dignity through the promotion of human and civil rights, Protection from abuse and neglect, Assurances that services are flexible and person-centered and delivered by trained personnel, Respect for their unique ethnic and cultural backgrounds, The chance to take risks and have experiences that promote growth and development, Opportunities for self-advocacy that empower individual."

SERVICE LEARNING

Serve New England Phone: (888)742-7363

http://www.massresources.org/pages.cfm?contentID=15&pageID=3&subpages=yes&dynamicID=321

"Serve New England is a private non-profit organization that encourages people to do volunteer work in their communities. People who do volunteer work for at least two hours a month can order low-cost food through Serve New England's food co-op. Serve

New England operates at various local sites, such as churches, community centers, and schools."

TRAINING / EMPLOYMENT

Jewish Vocational Service of Greater Boston

29 Winter Street Boston, Ma 02108 Phone: (617) 451-8147

Fax: (617) 451-9973 http://www.jvs-boston.org/

"Our mission is to empower individuals from diverse communities to find employment and build careers, and to partner with employers to hire, develop, and retain productive workforces."

TRANSPORTATION

Greater Attleboro Taunton Region Transit Authority

Toll Free: 1-800-483-2500 508-222-6106 Attleboro

508-222-6107 508-823-8828 in Taunton 508-222-6108 800-433-5995 in Wareham 508-222-6109 508-747-1819 in Plymouth

508-222-6110 TDD users may call 508-824-7439

http://www.gatra.org/aboutgatra.html

"The Greater Attleboro Taunton Regional Transit Authority (GATRA) provides comprehensive quality public transportation services to meet the mobility needs of people throughout 26 member communities. These communities include; Attleboro, Bellingham, Berkley, Carver, Dighton, Duxbury, Foxborough, Franklin, Kingston, Lakeville, Mansfield, Marshfield, Medway, Middleborough, Norfolk, North Attleboro, Norton, Pembroke, Plainville, Plymouth, Raynham, Rehoboth, Seekonk, Taunton, Wareham and Wrentham"

Mass RIDES

10 Park Plaza, Suite 2180

Boston, Ma 02116

Phone: (888)4COMMUTE <u>Leeroy.wagner@state.ma.us</u> http://www.commute.com/

"We are the people who plan and brainstorm about all the trips you take in and around the Commonwealth. We're a free service brought to you by the Massachusetts Department of Transportation and our goal is help you move smarter. We want to: 1. slim down your commuting costs, 2. help you share your rides in carpools or vanpools, 3. find current transportation info, 4. give you new ways to feel good about your health, 5. help you bring smart transportation programs to your workplace, 6. reduce traffic congestion within your community or at your worksite, 7. reduce pollution in your community."

Boston Area Rape Crisis Center

989 Commonwealth Ave Boston, Ma 99 Bishop Allen Drive Cambridge, Ma 02139 24 hour hotline: (800) 841-8371

Phone: (617) 492-8306 http://www.barcc.org/

"The Boston Area Rape Crisis Center (BARCC) is the only rape crisis center in the Greater Boston area and the oldest and largest center in Massachusetts. Our vision is to end sexual violence through healing and social change."

DOVE, Domestic Violence Ended

P.O. Box 690267 Quincy, Ma 02169

24 hour Crisis Hotline: (617) 471-1234

Outreach & Family Services Center: (617) 770-4065

National Domestic Violence Hotline 1-800-799-7233 "DOVE, Inc. is committed to serving communities, families and individuals impacted by domestic violence. We seek to empower our clients and the community by providing safety, shelter, education and support services. By promoting an environment free from abuse, we strive to see domestic violence ended."